

YOGAFESTIVALPROGRAM

FRIDAY AUGUST 24



TIME	EVENT	TEACHER/PRESENTER	TENT
11.00 - 12.30	EMBODIED YIN: THE ALCHEMIST	Satu Tuomela	Grand Gathering
11.30 - 12.30	MEDITATION: STAY TRUE JOURNEY	Madhavi Guemoes	Contemplation Corner
12.00 - 13.00	HATHA YOGA: YOGIS UNITE!	Amanda Holmstrom	Radiant Room
12.45 - 13.45	CONTEMPLATION: NEURAL ALCHEMY	Gabriel Axel	Contemplation Corner
13.00 - 14.30	TANTRIK FLOW: GROUND TO GROW	Hrönn Kold Sigurdardottir	Grand Gathering
13.00 - 14.30	LIVE MUSIC & YOGA: OMBIENCE	Cipa Pape & Ras Kjærbo	Pulsation Point
13.15 - 14.15	VINYASA: POWER OF THE HEART	Lotte van Graas	Radiant Room
14.00 - 15.00	LECTURE: STAYING HEALTHY AND...	Christy Morgan	Sharing Spac
14.00 - 15.15	KUNDALINI: SELF LOVE HEALING	Agnieszka Bera	Contemplation Corner
14.30 - 15.30	ANATOMY WORKSHOP	Shannan Hansen	Radiant Room
15.00 - 16.00	LOUNGE: TRAVEL WITH VINYL	DJ Magnus Hå	Pulsation Point
15.00 - 17.00	VINYASA MASTERCLASS: FIRE & NECTAR	Chantal Russell & Matt Corker	Grand Gathering
15.30 - 16.30	LECTURE: THE SPIRITUAL IMPACT OF...	Govind Radhakrishnan	Sharing Space
15.30 - 16.45	YIN & YOGA NIDRA: SLOW, SOFT, STILL	Anne Goncalves	Contemplation Corner
15.45 - 16.45	ASHTANGA: BHAKTI YOGA	Nadine Sandjo	Radiant Room
16.30 - 17.15	CONCERT: OMBIENCE	Cipa Pape & DJ Ras Kjærbo	Pulsation Point
17.00 - 18.00	VINYASA: AN ORGANIC PRACTICE	Nicolai Boas	Radiant Room
17.00 - 18.00	PLANTETINGET: FREDERIK ANDERSEN*	Casper Christiansen	Sharing Space
17.15 - 18.15	MEDIYOGA: A HOLISTIC APPROACH	Veetamo Lyngmo	Contemplation Corner
17.30 - 19.00	LIVING YOLATES: DANCING YOLATES	Mikkala Marilyn Kissi	Grand Gathering
18.00 - 19.00	GONG MEDITATION: SOUND BATH	Charlotte Bom	Pulsation Point
18.30 - 19.30	HATHA YOGA: FAIRY TALE FLOW	Pernille Aven Lupai	Radiant Room
18.30 - 19.30	LECTURE: AYURVEDA 101	Jessica Winderl	Contemplation Corner
18.30 - 19.30	TALK: CREATING RADICAL CHANGE..	Stephen & Jane	Sharing Space
19.30 - 21.00	JIVAMUKTI: LIVING WILD & FREE	Tanja Ottesen	Grand Gathering
19.45 - 20.30	CONCERT	Tim Schou	Pulsation Point
19.45 - 21.00	THERAPEUTIC ACRO YOGA: BERÖRT	Jeppe Skovgaard	Radiant Room
19.45 - 21.15	KUNDALINI: UNITY IN COMMUNITY...	Siri Sat Khalsa	Contemplation Corner
20.30 - 21.40	CONCERT	Sys Bjerre	Pulsation Point

Events marked * are only available in Danish

We reserve the right to make changes to the program